

An Appropriate Response

with Rev. Keiryu Liên Shutt

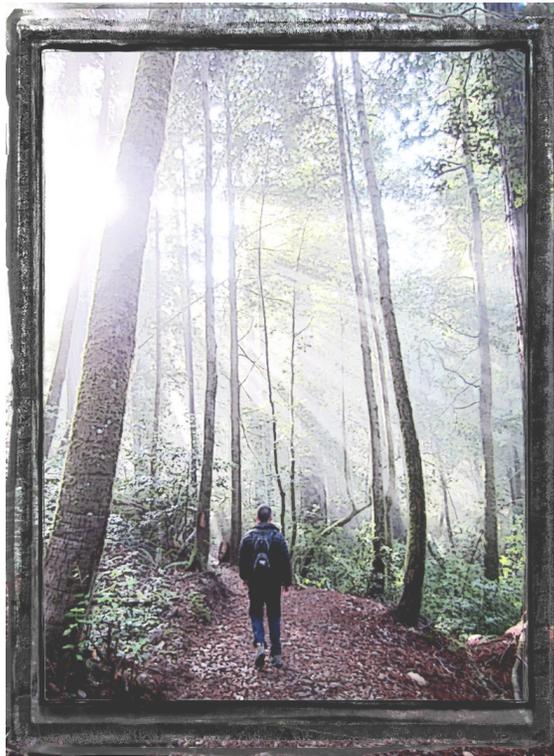
“What is the teaching of the Buddha’s entire lifetime?” Zen master Yunmen was once asked.
“An appropriate response.” Yunmen answered.

Events of our lives and the world we live in can challenge us and we may wonder how best to respond. Dharma teachings can be helpful at such times, pointing towards ways to work with both internal and external circumstances. Join us in a day-long in which we explore Buddhist history, reflections, and practices which help us build awareness, capacity, and wisdom to better arrive at appropriate responses for ourselves individually, our communities, and our world.



Rev. Keiryu Liên Shutt, LCSW was ordained in 2005 with Zenkei Blanche Hartman. She began meditation in the Insight tradition of Spirit Rock and co-founded the Buddhists of Color meditation group and list-serve. Her monastic practice began in 2002 at Tassajara, San Francisco

Zen Center's monastery. She has also practiced overseas in Japan, Thailand and Vietnam. Currently, as a social worker working with formerly chronically homeless seniors, Liên's intention is to share ways in which the deep settledness of traditional practices can be brought into everyday life. To access talks and other retreat information, please go to www.sfzc.org or contact her at joyinzen@att.net.



East Bay Meditation Center
2147 Broadway in Oakland
(near 19th Street Bart)

Saturday, April 21, 2012
9:00 AM – 4:30 PM

Cost: The teachings are regarded as priceless. So they are offered without a fee. You are invited to support the teachings and our efforts by contributing voluntary donations (the practice of “Dana”) for the expenses of the meditation center and the support of the teachers.

In order to protect the health of community members with environmental illness, please do not wear fragranced products (including “natural” fragrances) or clothes laundered in fragranced products to EBMC.

Space is limited & registration is required. Register at www.eastbaymeditation.org or email admin@eastbaymeditation.org for registration information.

