



“My Father’s Clocks,” by East Bay Meditation Center core teacher Patricia Mushim Ikeda, appears in the section on “Impermanence” in the hard copy version of the Spring 2013 issue of the Buddhist journal [*Inquiring Mind*](#).

From the editors: Each issue of *Inquiring Mind* explores in depth a particular theme or subject that is of relevance to Westerners interested in the teachings of Buddhadharma. Our most recent offering, Spring 2013, is entitled “Once Upon A Time: Stories & Poems of the Dharma.”

Human beings try to understand what it means to be human by telling stories, by making songs and poems. In the telling and the hearing, we explore what it is to be alive, to love, to lose those we love, to be silly, to have adventures. Stories are made to be told, poems to be shared; they undo our belief in a small separate self.