



Experienced Vipassana Meditators needed for UCSF Study on Breathing Function

**Do you pay attention to the breath during meditation?
Have you practiced at least 30 minutes a day for the
past year (5 days a week)?
Have you attended at least one 7-day meditation retreat
in the past year?
Have you practiced Vipassana Meditation for 5 years?**

You may qualify if you are:

23-65 years old

Non-smoker

Normal weight or overweight but not obese (up to BMI of 30)

Have no medical condition related to pulmonary function

- **\$80 per visit if you qualify**
- **no blood draws or other invasive procedures**

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